



# Clinical Analyses for LuckyFit – All Programs, (Including *FULL DETOX*)

Dear clients of the **LuckyFit** program,

In order for your course to run correctly, you need to do the below analyses.

Often the cause of gaining weight or poor condition is due to worsened health indicators, the normalization of which leads to the quick improvement of health and good tone.

## Basic analyses:

CBC  
Total bilirubin  
Total cholesterol, HDL, LDL, VLDL  
Triglycerides  
Total protein  
Uric acid  
Creatinine  
Urea  
Liver enzymes- ASAT, ALAT, ГГТ  
Total bilirubin  
Blood sugar  
C-reactive protein

## Hormone tests:

TSH  
FT4  
Estradiol  
Testosterone  
Cortisol (morning)  
Serum insulin

## Urine:

Total urine with sediment.

## Others:

- ❖ Echocardiogram of internal organs and thyroid gland – desirable!
- ❖ Commentary on the health condition by the GP
- ❖ Discharge summaries and a medical record with information in case of present diseases.

## SEPARATELY ONLY FOR **LuckyFit** **FULL DETOX**

Alpha 2-macroglobulin  
Bile acids, serum  
Magnesium, serum and urine  
Sodium, serum and urine  
Potassium, serum and urine  
Iron, serum  
Folic acid, serum  
Zinc, plasma  
Copper, plasma.

## Urine:

Magnesium  
Sodium  
Potassium.

